Dr. Theodoros Xanthos

**S ho r t Curri c ulum V i tae**

**Professor Physiology –Pathophysiology**

**School of Health Sciences**

**Vice-Rector International Affairs & Extroversion**

**University of West Attica**

**President Hellenic Society of Cardiopulmonary Resuscitation**

June 2023

# Current Position

* September 2023- now: **Vice-Rector of International Affairs and Extroversion** University of West Attica
* June 2022- Now: **Full Professor of Physiology and Pathophysiology** School of Health Sciences, University of West Attica
* December 2014-Now: **Adjunct Full Professor** Midwestern University of Chicago, Department of Pharmaceutical Sciences School of Pharmacy (Deans: Fjortoft NF 2014- 2019; Emerson ME, 2020).
* November 2023-now. **Adjunct Full Professor** University of Mutah, School of Pharmacy, Jordan
* March 2023-now**. Vice-Rector of External Affairs & Extroversion,** University of West Attica

# Previous Position

##### 2015-2022: Full Professor Physiology & Pathophysiology European University Cyprus (EUC).

* + - President Department of Medicine EUC (September 2020-now).
    - Undergraduate MD Program Director (September 2018 – now).
    - Vice-President Department of Medicine EUC (September 2018 - September 2020).
    - Chair of the Curriculum Committtee Επιτροπής Department of Medicine EUC (September 2017 – now).
    - Chair Internal Quality Assurance Department of Medicine (September 2017 –

now).

* + - Chair of Safety and Policy Committee, Department of Medicine, EUC (September 2018 – now).
    - Chair of the Accreditation Committee School of Medicine , EUC (September 2018 – now).
    - Chair of the Academic Committee School of Medicine, EUC (September 2018 –

now).

* + - Director of the MSc Program “Medical Education”, School of Medicine, EUC

(September 2020 – now).

* + - Member of the Senate EUC (September 2018 – now).

# Education and Degrees

## Α. Undergraduate Education

1987 - 1993: School of Meicine, National and Kapodistrian University of Athens

## Β. Postgraduate Clinical Training

* + April 1994-July 1995: District Medical Denter Kimolos Island, Health Center of Milos.
  + December 1995-December 1997: Internal Medicine Resident, Dafni Hospital, Athens.
  + February 1998 - October 2000: Cardiology Resident, General Hospital of Nikea, Piraeus, Greece.
  + Οκτώβριος 2000-February 2002: Senior SHO in Cardiology, Kingston General Hospital, London, UK.
  + February 2002 – June 2003.: Specialist Registrar “Queen Mary” University Hospital, London, UK.
  + July 2003: Consultant Cardiologist

## Postgraduate Training Abroad after Residency

* + 2011-2012: Post graduate Certificate Medical Education, University of Cardiff, UK.
  + 2012-2013: Post graduate Diploma Medical Education, University of Cardiff, UK.
  + 2013-2014: Post graduate Diploma Clinical Toxicology University of Cardiff, UK.
  + 2014-2015: Master of Science Clinical Toxicology University of Cardiff, UK.
  + 2013-2015: Master of Research University of Liverpool, UK.
  + 2015-2016: Visiting Scientist Region of Sardenia, University of Cagliari Italy

(Professor Ernesto D’Aloja).

## PhD

##### «Combination Pharmacotherapy before defibrillation in a swine model of prolonged ventricular fibrillation».

Laboratory of Experimental Surgery and Surgical Research, National and Kapodistrian University of Athens 2008.

1. **Post graduate Short Courses** (Total 43)

## Languages

* + Greek, native Speaker
  + English, near native Speaker
  + French, near native Speaker
  + Italian

# Synopsis of Teaching Activities

|  |  |
| --- | --- |
| **UNDERGRADUATE TEACHING** | |
| Α. Teaching in Greece | 19 Courses |
| Β. Teaching Abroad | 31 Courses |
| **POST GRADUATE TEACHING** | |
| Α. Teaching in MSc Courses in Greece | 29 Modules |
| Β. Teaching in MSc Courses Abroad | 9 Modules |
| C. PhD Supervision | |
| i. Steering Committee of PhD Students Supervision | 13 PhD |
| ii. Member of the Examination Committee of PhD Defence | 8 PhD |
| D. MSc | 278 MSc Theses |
| Ε. Author of Medical Manuals for Students | 8 |
| F. Translation of Medical Manuals for Students | 13 |
| G. Chapters in International Medical Manuals for Students | 12 |
| H. Chapters in Greek Medical Manuals for Students | 20 |
| **INVITED SPEAKER** | |
| Α. In Continuous Medical Education programs of various hospitals | 25 |
| Β. in Greek Congresses | 45 |
| C. in International Congresses | 41 |
| **CHAIR IN CONGRESSES/ CHAIR OF ROUND TABLES** | 56 |
| **MEMBER OF EDUCATIONAL COMMITTEES** | 22 |
| **INSTRUCTOR/DIRECTOR of SHORT COURSES** |  |
| Α. Instructor of International Organizations | 19 |
| Β. Instructor in International courses | 20 |
| C. Director – Instructor in Resuscitation Courses | 628 |

**4. Employment History**

* April 1994-July 1995

District Medical Office of Kimolos, Milos Medical Center.

* December 1995-December 1997

Internal Medicine Reisdent, Dafni Hospital, Athens, Greece.

* February 1998-October 2000

Cardiology Resident, General Hospital of Nikea, Piraeus, Greece.

* October 2000-February 2002

Senior SHO Kingston General Hospital, London, UK.

* February 2002 – June 2003

Specialist Registrar, “Queen Mary” University Hospital, London, UK.

* March 2004-December 2006

Principal Investigator in the European Funded programs “Pythagors I” and “Pythagors II”,

completed in the Laboratory of Experimental Surgery and Surgical Research.

\***Note** since 2006 – now, I have several appointments..

* February 2006-June 2010

Fellow, Laboratory of Experimental Surgery and Surgical Research, National and Kapodistrian University of Athens.

* December 2007-2014

Visiting Professor of the Department of Anesthesiology and Post-Operative Intensive Care, School, of Medicine, University of Ioannina, Greece.

* 2007-2016

Coordinator of the MSc Program “Reuscitation” of School of Medicine, University of Athens.

* 2014-now

Adjunct Full Professor Midwestern University of Chicago, School of Pharmacology and Pharmaceutical Sciences, Chicago, IL, USA

* 2015-2017

Visiting Full Professor, University of Cagliari, Departments of Anesthesiology and Resuscitation and Department of Public Health and Molecular Medicine.

* April-October 2016

Visiting Scientist Region of Sardenia, Region of Sardenia.

* 2015-2022

Full Professor Physiology & Pathophysiology EUC, Nicosia Cyprus.

# Awards / Fellowships

**Α. Awards in International Congresses** (Total 12) **Β. Fellowships/ Distinctions** (Total 73) Indicatively:

* Fellow of the Higher Education Academy
* Fellow of the Academy of Medical Educators
* Fellow of the European Society of Cardiology
* Fellow of the American College of Clinical Pharmacology
* European Registered Toxicologist
* Fellow of the European Resuscitation Council
* Fellow of the European Society of Translational Medicine

# Member of Scientific Societies

**Α. Greek** (Total 12)

**Β. International** (Total 9)

# Editorial Duties

## Α. International Journals Editorial Board (Total 13)

**Β. Reviewer** (Total 42)

**C. Medical Manuals Editor** (Total 8)

**D. Translation of Manuals** (Total 13)

**Ε. Author of Peer-Reviewed Chapters in Manuals** (Total 32)

# Organizational – Administrative Duties

## Organizational Duties

### Α. Organizational Duties in the Hellenic Society of Cardiopulmonary Resuscitation

* + Founding Member (1993) of the Hellenic Society of Cardiopulmonary Resuscitation (HSCPR).
  + President of HSCPR (2009-now).

### Β. Organizational Duties in the School of Medicine, National and Kapodistrian University of Athens

**2007-2016:** Coordinator of the MSc Program “Resuscitation”.

### C. Organizational Duties of the European University Cyprus

#### School of Medicine

* + **September 2016-September 2018**, Coordinator of the Simulation for the development of Structure and Function
  + **September 2018-September 2020**, Program Coordinator of the MD program and elected Vice Chair of the Department of Medicine
  + **September 2017-2022**: Chair of the Curriculum Committee
  + **September 2017-2022**: Chair of the School of Medicine, Internal Quality Assurance Committee.
  + **September 2018- 2022**: School of Medicine Representative to the University Committee of Quality Assurance:
  + **September 2018-2022**: Chair of the Health Policy Network Committee
  + **September 2018-2022**: Member of the Assessment/Examination Committee
  + **September 2018-2022**: Member of the Simulation Committee
  + **September 2018-2022**: Member of the Continuing Medical Education (CME) Program Committee
  + **September 2018-2022**: Member of the Committee on Research
  + **September 2018-2022**: Co-Chair Accreditation Committee
  + **December 2020-2022**: Member of the Expert Panel Committee for the Department of Medicine
  + **December 2020-2022**: Member of the Internal Quality Committee for the Department of Dentistry
  + **September 2018- 2022**: Chair of the Academic Committee of the School of Medicine
  + **September 2020-2022**: Program Coordinator of the MD program
  + **September 2020-2022**: Program Coordinator MSc Program Medical Education
  + **September 2020-2022**: Co-Coordinator of the MSc Gerontological Sciences
  + **September 2020-2022**: Elected Chair of the Department of Medicine, School of Medicine

#### Central Governance European University Cyrpus

* + **September 2018-2022**: Faculty Representative of the School of Medicine for the Senate

#### **September 2018-2022**: Representative of the School of Medicine for the Committee of Internal Quality Assurance

* + **September 2018-2022**, Member of the Standing Academic Committee of the Senate.
  + **September 2020- Pre2022sent**, Member of the Standing Research Committee of the Senate

#### **January 2021-2022**, Member of the Senate Ad-Hoc Committee for the Development of the framework of Life-Long Learning

1. Republic of Cyprus

#### **2018-2021:** President of the National Committee of Laboratory Animal Use for Experimental Purposes of the Republic of Cuprus..

* **2019-2022**: Cyprus Representative of the Risk Assessment Committee of the European Chemical Agency of the European Commission.

**Ε. Orgnanization of Congresses** (Total 16)

**F. Organization of Short Courses** (Total 1205)

**G. Member of Organizing and Scientific Committees** (Total 23)

**H. Member of Committees for Institutional, Programmatic, Departmental Evaluations for USA, UK, Germany, Austria, Italy (among others)**

**I. Chair of the Central Committee of Accreditation, University of West Attica, School of Health Sciences**

# Research Work

## Ι. International Research Collaborations (Total 7)

**ΙΙ. Scholraships for conducting Research from private funds** (Total 17)

**IΙΙ. International Patents** (Total 4)

**ΙV. European Funded Projects** (Total 5)

## PUBLICATIONS IN PEER-REVIEWED JOURNALS – ORAL PRESENTATIONS (SYNOSPIS) Table 1

|  |  |
| --- | --- |
| **Α.** Publications in International Peer-Reviewed Journals (Scopus)…………………………. | :300 |
| **Β.** Chapters in Peer-Reviewed International Books……………………………....................... | :12 |
| **C.** Proceedings in International Congresses………………………………………………………….. | :11 |
| **D.** Oral Presentations in International Peer-Reviewed Congresses…………………………. | :98 |

**Impact Factor of International Publications** (as of March 2023)

* + Total …………………………………………………..…………………... : **1255,78**

- *Mean : 3.43*

**Impact Factor of Published Abstracts** (as of March 2021)

* + Total **218,364**

- *Mean ……………………………. : 4,563*

**Total Impact Factor of Full Texts and Published Abstracts** (as of March 2021)

* + Total **1.474,14**

**Citations**

* + Total …………………………..…………………………………………………….. : **10754**
  + h index : 46
  + Index i10 : 167

The Corresponding links to my research work and citations can be found here

<https://scholar.google.gr/citations?user=Hr6SIXgAAAAJ&hl=el>

here <https://uniwa.academia.edu/TheodorosXanthos>

here <https://pubmed.ncbi.nlm.nih.gov/?term=xanthos+t>

and here <https://www.scopus.com/authid/detail.uri?authorId=19337989500>

My world ranking can be found here <https://www.adscientificindex.com/scientist/theodoros-xanthos/4893705>

## VII. PUBLICATIONS IN GREEK JOURNALS – ORAL PRESENTATIONS IN GREEK CONGRESSES

### Α. Full Text Publications in Greek Journals (Total 27)

**Β. Chapters in Greek Medical Manuals** (Total 14)

### C. Oral Abstract Presentations in Greek Congresses (Total 106)